

Milford Track guided day walk

Ultimate Hikes has designed a day walk from Te Anau or Queenstown for walkers who don't have time to do a multi day walk or would just like a great day out. Our walks give people a glimpse into the history of the track and provide insights into the birds and trees and the magnificent landscape of the Fiordland National Park.

 **11km (6.5miles)**

 **9hrs (5.5hrs on track)**

 **Lunch**

From Te Anau: 9.30am pick up from the Ultimate Hikes Office, at Kiwi Country, on the corner of Town Centre and Miro Street, Te Anau. Return to Te Anau is approximately 6pm.

From Queenstown: 6.40am from the Ultimate Hikes Centre, Station Building, Queenstown. Return to Queenstown is approximately 8.00pm.

Itinerary

Your guide will meet you at the Ultimate Hikes Desk at Kiwi Country. The coach will drive along the shores of Lake Te Anau to the boat harbour at Te Anau Downs. Enjoy a hot drink aboard an hour long scenic boat journey to the northern end of the lake and the start of the Milford Track. Disembarking, it's a leisurely 1.6km (1 mile) walk to the historic Glade House. At Glade House a scrumptious lunch from the kitchen is waiting.

Visit the small museum there featuring historic pictures of the Milford Track before setting off across the swingbridge, following the Clinton River through rich

Beech forest. Your guide will point out aspects of the forest and history to you along the way. On the return to Glade House, walk up the Glade Burn Track for a fantastic view of Lake Te Anau before descending down a dry river bed to the return boat and bus back to Queenstown or Te Anau.

Fitness level required

The track is very flat and smooth as it follows the Clinton River, making it accessible to walkers of all ages & abilities. The Glade Burn section of the Track is a steady 20-30 minute incline, then a descent down a dry river bed.

We provide

- All transport to and from the track.
- Informative friendly guides.
- Scrumptious lunch at Glade House.
- Complimentary use of daypacks and rain jackets, sunscreen and insect repellent.

You need to bring

- Comfortable walking clothes and rain jacket (**NOT JEANS**)

Sturdy walking boots or shoes. Running shoes are acceptable, sandals are not recommended.

- On fine days; shorts, light trousers & t-shirts are adequate
- On rainy days: avoid denim or cotton. a change of clothing is recommended.
- A small daypack with enough room to carry a warm jacket, and a camera (we can provide).
- A bottle of drinking water.

Safety

Your guide is fully trained in first aid, carries first aid equipment and is in constant radio contact with other guides, lodges and the base in Queenstown. In the event of an emergency, assistance can be requested immediately.

Cancellation policy

Cancellation fees for all Day Walks are charged on the following basis per person:

- Outside 24 hours prior to walk departure: No fee; or
- Within 24 hours prior to walk departure: 100% of full fare.



Ultimate Hikes Centre

Station Building, Duke Street Entrance, Queenstown.

Phone 0800 659 255 or 03 450 1940

Email: info@ultimatehikes.co.nz

The centre and retail store in Queenstown is open daily

Te Anau

Kiwi Country, cnr Town Centre & Miro Streets

The desk is open from 8am - 2pm daily, or by appointment.