## **Equipment Checklist**

The following is a list of essential equipment that we recommend you bring on your multiday guided walk. Many items can be purchased at the Ultimate Hikes Centre.

Many items can be purchased at the Ultimate Hikes Centre	
To	walk
	Walking boots or sturdy shoes
	Base layer (top and bottom)
	Fleece or merino wool jacket. An ideal outer layer in cold weather
	Long-sleeved top
	T-shirt. Avoid cotton
	Sunhat, warm hat,
	Warm gloves
	Shorts/walking trousers (not jeans)
	Three pairs of merino wool or thermal socks
	Sunscreen, insect repellent
	Water bottle or bladder (1 litre capacity)
	Reusable lunchbox
	Credit card or some cash
In	the lodge
	Shirt or long sleeved top
	Sweater/jersey
	Lightweight trousers
	Lightweight shoes
	Nightwear
	Personal toiletries
	(soap, shampoo and conditioner are provided)
	Change of underwear
Oj	ptional
	Walking poles
	Waterproof over trousers
	Gaiters
	Swimwear & lightweight towel
	Spare laces. Just in case
	Sealable plastic bags
Εz	stras/useful items
	Foot fleece/second skin
	Strapping tape
	Lip balm
Yc	ou can collect from us
	Back pack & Liner (weighs approx 2kg)

□ PVC Waterproof raincoat with hood (weighs approx 1kg)



Thank you for choosing to experience a guided walk with Ultimate Hikes.

Ultimate Hikes is the only company permitted to operate multi-day guided walks on the Milford, Routeburn and Greenstone Tracks. We have been operating on the Routeburn Track since 1989 and The Milford Track since 1992.

The special area in which the Milford, Routeburn and Greenstone tracks are situated, Te Wahipounamu, has been recognised globally by UNESCO as a World Heritage Area. We recognise that operating in this spectacular corner of the world is a privilege and we are committed to minimising our impact on the environment.

Operating in National Parks which receive in excess of 9 metres of rain per year is a challenge; extreme weather conditions and sheer inaccessibility of the operational area are major considerations in the daily operation of the guided walks. Considerable effort goes into maintaining the tracks themselves and we work closely with the Department of Conservation on maintenance and development. We have also spent considerable time and investment on our private lodges and hope you will find them comfortable, while appreciating that they are in keeping with our environmental commitment and the natural habitat in which they sit.

We take great pride in providing walkers from New Zealand and all over the world with a unique insight into the magic of New Zealand's wilderness and will continue to upgrade and maintain the tracks and lodges whilst ensuring their sustainability for the future.

J. 5 Davies

Sir John Davies Chairman, Ultimate Hikes